



**Zakir Husain Delhi College Evening  
(University of Delhi)  
Jawaharlal Nehru Marg  
Delhi- 110002**

**Annual Sports Report  
2022-2023**



## Annual Report Physical Education and Sports 2022-23

Despite limited resources in terms of unavailability of sports ground and other essential space in the college, our students faced difficulties, however, their courage to participate in the intra and college events and sports tournaments is evidently visible. The year 2022-23 began with the selection trials for various categories of sports and formation of official teams of the college followed by participation in inter college tournaments and other relevant sports events.



Sports Registration for the Session 2022-2023

### Selection Trials (Men)

**Kabaddi (Men)** selection trials were held in the college premises on 10.09.2022 and an official Kabaddi Team of college was formed. This event was held with prior information to the students and their presence in the event was enthusiastically visible.

**Football (Men)** selection trials were held on 20.09.2022 at Khalsa College Sports ground and the official team of the college came into existence. Players had to prove their sports potential to qualify and secure a position in the final official squad.

**Cricket (Men)** selection trials were held on 23.09.2022 at Talkatora Stadium Cricket ground under the supervision of certified sports mentors and selectors.

**Basketball (Men)** selection trials were held 20.09.2022 at Khalsa College Sports ground and the official team of the college came into existence.

**Badminton (Men)** selection trials were held 12.11.2022 in Zakir Husain Delhi College premises only and Mr Rahul a seasoned player and mentor of Badminton selected the team and the official team of the college came into existence.

**Athletics (Men)** selections were made on the basis of students' previous sports records and more precisely on the basis of certificated gained in different level tournaments and sports events.

**Chess (Men)** selections were made on the basis of students' previous sports records and more precisely on the basis of certificated gained in different level tournaments and sports events.

**Volleyball (Men)** selection trials were held 20.09.2022 at Khalsa College Sports ground and the official team of the college came into existence. Mr Ajay (Coach) of Indira Gandhi College of Physical Education, University of Delhi selected the team by exercising the rules and standards.

### **Selection Trials and Registration (Women)**

**Kho-kho (Women)** selections were made on the basis of students' previous sports records and more precisely on the basis of certificated gained in different level tournaments and sports events.

**Athletics (Women)** selections were made on the basis of students' previous sports records and more precisely on the basis of certificated gained in different level tournaments and sports events.

**Badminton (Women)** selection trials were held 12.11.2022 in Zakir Husain Delhi College premises only and Mr Rahul, a seasoned player and mentor of badminton selected the official team of the college for various badminton tournaments in the university as well as other relevant sports meets.

**Kabaddi (Women)** selections were made on the basis of students' previous sports records and more precisely on the basis of certificated gained in different level tournaments and sports events.

**Table Tennis (Women)** selections were made on the basis of students' previous sports records and more precisely on the basis of certificated gained in different level tournaments and sports events.

**Chess (Women)** selections were made on the basis of students' previous sports records and more precisely on the basis of certificated gained in different level tournaments and sports events.

**Volleyball (Women)** selections were made on the basis of students' previous sports records and more precisely on the basis of certificates gained in different level tournaments and sports events.

**Basketball (Women)** selections were made on the basis of students' previous sports records and more precisely on the basis of certificates gained in different level tournaments and sports events.

### **Participation in Intercollege Tournaments and Sports Events 2022-23**

Throughout the academic year 2022-23, our students have been participating in various sports events conducted in the University of Delhi by the DUSC (Delhi University Sports Council).

#### **Football (Men)**

The football team of our college participated in the following sports events.

- **March 2<sup>nd</sup> 2023**- Team football played against IGI and performed well in the match and won
- **On 14<sup>th</sup> March 2023** the team took up Sri Aurobindo College football team and performed well and won the match.
- **March 15**, our football team participated in a match with Dyal Singh College and won this match
- **March 16** played the match in Ambedkar University and performed well in the match
- **On 22<sup>nd</sup> March, 2023**, team played against MAC and it was a draw match.
- **March 24, 2023** team participated in the tournament organised by SRCC University of Delhi and our team put the best talent on display and gained appreciation for team spirit.
- **April 14<sup>th</sup>** was the day of combat at Bhimrao Ambedkar College University of Delhi and our Team performed well.
- **April 15<sup>th</sup> match** was played between our team and Maharaj Agrasen College and our team was evidently visible on the ground and performed unlike previous matches.





Selection Trials at Khalsa College, University of Delhi



Practice Sessions at Polo Ground, University of Delhi

### **Cricket (Men)**

The cricket team of our college visited Bharat Nagar Cricket Academy operated by the Chhatrasal Stadium and held practice sessions for various cricket tournaments. The team also participated in the following matches and put the sports spirit on display.

- Zakir Husain Delhi College Evening vs Sri Venkateswar College on 01.11.2022
- Zakir Husain Delhi College Evening vs Delhi Administration on 05.11.2022
- Zakir Husain Delhi College Evening vs United UKCC on 08.11.2022
- Zakir Husain Delhi College Evening vs Ramanujan College on 17.11.2022
- Zakir Husain Delhi College Evening vs Municipal Corporation on 10.12.2022
- Zakir Husain Delhi College Evening vs PG DAV College on 08.01.2023
- Zakir Husain Delhi College Evening vs Rajdhani College on 06.02.2023



Learning Sports Skills at Bharat Nagar Cricket Academy, Delhi



Selection Trials at NDMC Talkatora Cricket Ground, New Delhi





Cricket Match at Sri Venkateshwara College, University of Delhi

### **Kabaddi (Men)**

The college team participated in the Inter-University Selection trials held at Shyam Lal College, University of Delhi on 22<sup>nd</sup> November, 2022. Our team members performed well in the trials. The team prepared for the tournaments and sports events after a rigorous practice at Major Dhyan Chan National Stadium under a reputed Kabaddi trainer Mr Anil Tyagi.

The Kabaddi team participated and played following matches and earned positions by upholding a dignified sports spirit in all the played matches. Our team has been graciously appreciated for projecting the sports spirit with a great sense of the friction of combat



Kabaddi Selection Trials at Zakir Husain Delhi College Evening





Learning Kabaddi Skills at Major Dhyanchand National Stadium, Delhi



Practice Session at DDA Sports Complex, East Delhi, Mayur Vihar





Practice Session at Zakir Husain Delhi College Evening

### **Basketball (Men)**

As the time to participate in the intercollege and significant sports tournaments conducted by the DUSC began in session 2022-23, our basketball team got passionately engrossed in training session to immune themselves for an unmatched display of sports vigour and skills. They participated in the following events and gained awards and certificated for their performance.

**Venue: K. R. Mangalam University**

**Date: 10<sup>th</sup> /11<sup>th</sup> February 2023**

- ZHDCE VS AMITY MANESAR
- ZHDCE VS GGSIPU

Our team played till the quarterfinals and gained appreciation and applause by the audience.

**Venue: BML University**

**Date: 9/10 January, 2023**

- ZHDCE VS ASHOKA UNIVERSITY
- ZHDCE VS GALGOTIYA UNIVERSITY
- ZHDCE VS Amity University Manesar

Our team played till the semi-finals and gained appreciation and applause by the audience.

**Venue:-Sri Ram College of Commerce SRCC (University of Delhi)**

**Date: 16<sup>th</sup> February, 2023**

- ZHDCE VS HANSRAJ

Our team played till the quarterfinals and gained appreciation and applause by the audience.

**Venue: ADGMIT**  
**Date: 7<sup>th</sup> April 2023**

- ZHDCE VS FACULTY OF LAW
- ZHDCE VS POLICE LINE BOYS
- ZHDCE VS MAHARAJA AGRASEN COLLEGE

Our team not only won the tournament and gained first position but also received a huge applause during the match.

**Venue: IG stadium**  
**Date: 24/25/26 February, 2023**

- ZHDCE VS DELHI BOYS SENIOR TEAM
- ZHDCE VS CRPF TEAM
- ZHDCE VS STAR ACEDMY

Our team played till the semi-finals and gained appreciation and applause by the audience.

**Venue: Noida stadium**  
**Date: 11/12 April, 2023**

- DDUC VS ZHDCE
- VIPS VS ZHDCE
- KMC VS ZHDCE
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Our team played till the quarterfinals and gained appreciation and applause by the audience.

**Venue: VIPS University**  
**Date: 28<sup>th</sup> January, 2023**

- ZHDCE vs. KMC

Our team played till the quarterfinals and gained appreciation and applause by the audience.





Basketball Team after participating in Amity University Sports Event



Basketball Team after winning the trophy

### **Badminton (Men)**

The badminton team of our college participate in the sports events conducted by the prestigious Sri Ram College of Commerce on 17<sup>th</sup> February 2023. Our team put their best in the tournament and gained appreciation by the audience. One of the team members Mr Shivam Arora participated in the singles category and won certificates and medals in the tournaments held in Delhi University colleges and other sports events during the session 2022-23.

He gained 3<sup>rd</sup> position in singles category at Maharaj Agrasen Institute of Technology Badminton Tournament.



Badminton Match at SRCC, University of Delhi



Badminton Match session at Zakir Husain Delhi College Evening



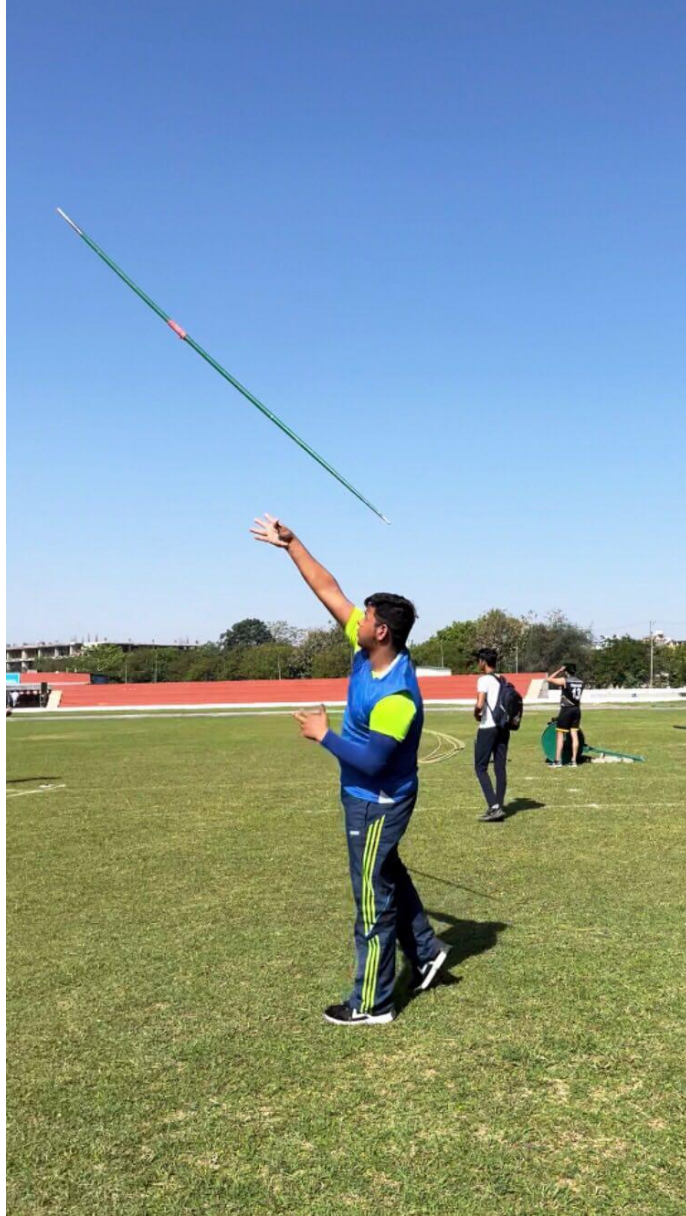


Shivam Arora receiving the Certificate at Zakir Husain Delhi College Evening

### **Athletics (Men) Shot-Put**

Shivam Arora of our college won medals and certificates in the Athletics (Shot-put) events Conducted in different college of Delhi University.

- Sri Ram College University of Delhi Athletics Event: Silver Medal and certificate (Shotput)
- Lady Sri Ram College Athletics Event: Silver Medal and certificate (Shotput)
- Delhi Technological University Athletics Event:
  1. Bronze Medal and certificate (Shotput Competition)
  2. Bronze Medal and Certificate (Discuss Throw Competition)
  3. Bronze medal in Javelin Throw Competition
  4. Bronze in Powerlifting.



Performing Javellin Throw at Lady Sri Ram College for Women





Performing Shot Put Throw at Lady Sri Ram College for Women

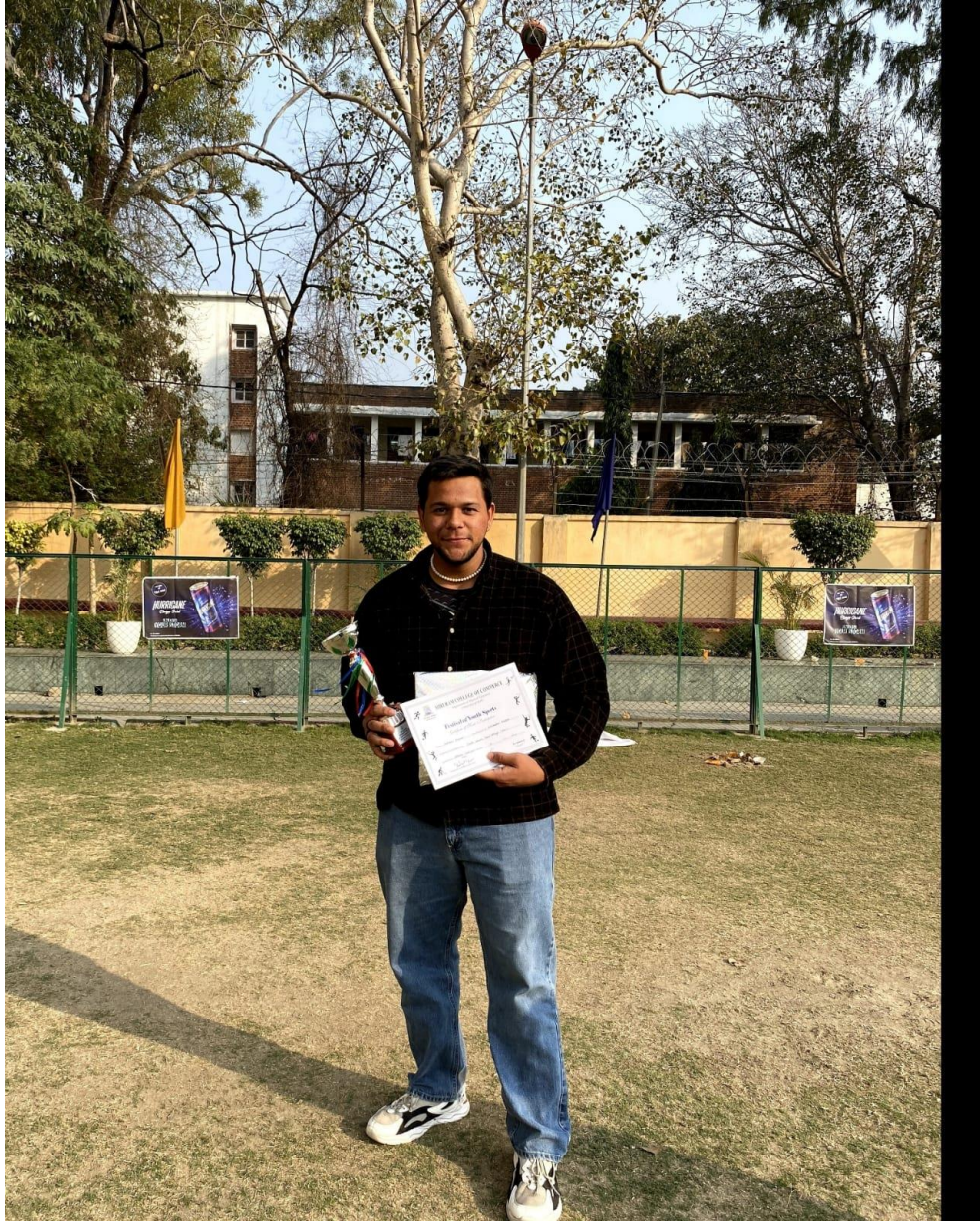


Receiving the Certiicate at Lady Sri Ram College for Women



Receiving the Certificate at Lady Sri Ram College for Women





Receiving the Certificate at Lady Sri Ram College for Women



Receiving the Certificate at Lady Sri Ram College for Women



### **Chess (Men)**

The Chess team of our college participated in the intercollege Chess tournament conducted by the Delhi University Sports Council in the Multipurpose Hall on February 4<sup>th</sup> 2023. They put their best and gained appreciation by the judges and Jury members.

### **Taekwondo (Men)**

The Taekwondo team of our college participated in the various categories of weight for the Delhi University selection trials organised by the Delhi University Sports Council in the multipurpose Hall Sports Complex on 21<sup>st</sup> December, 2022.



Taekwondo Inter University Selection Trails at Multipurpose Hall, DUSC University of Delhi





Taekwondo Inter University Selection Trails at Multipurpose Hall, DUSC University of Delhi

### **Judo (Men)**

The Judo team of our college participated in the Delhi University Selection Trials organised by the Delhi University Sports Council in the multipurpose Hall Sports Complex on 23<sup>rd</sup> December, 2022.

### **Table Tennis (Men)**

The Table Tennis team of our college participated in the Delhi University Selection Trials organised by the Delhi University Sports Council in the multipurpose Hall Sports Complex on 22<sup>nd</sup> December, 2022.



Table Tennis Practice Session at Zakir Husain Delhi College Evening

### **Wrestling (Men)**

The Wrestling team of our college participated in the Delhi University Selection Trials organised by the Delhi University Sports Council at Chhatrasal Stadium, Delhi on 29<sup>th</sup> December, 2022. Our wrestlers put their best wrestling skills and reached up to several rounds.

### **Volleyball (Men)**

The Volleyball team of our college participated in the Delhi University Selection Trials organised by the Delhi University Sports Council at Ramjas College Sports Ground on 17<sup>th</sup> December, 2022. Our players put their best skills during the selection trials.

### **Chess (Women)**

The Chess team of our college participated in the intercollege Chess tournament conducted by the Delhi University Sports Council in the Multipurpose Hall on February 4<sup>th</sup> 2023. They put their best and gained appreciation by the judges and Jury members.



### **Athletics (Women)**

Our women athletics team participated in the selection trials for Delhi University athletics team organised by the Delhi University Sports Council at Delhi University Polo Ground on 10<sup>th</sup> December, 2022. Our athletes performed and participated in race competitions in different categories. They gained an experience of how to manage time and strategy to secure position and uphold sports ethics and spirit.



Participating in Girls Athletics selection Trials for North Zone at Polo Ground

### **Badminton (Women)**

The Badminton team of our college participated in Delhi University Selection Trials held at Jesus and Mary College, University of Delhi under the direction of Delhi University Sports Council on 15<sup>th</sup> and 16<sup>th</sup> December, 2022. Our team played up to second round and projected the best sports skills on the court. Our team carried a pleasant experience participating in the selection trials and learnt several strategies to work upon.





Intra-College Girls Badminton Selection Trails and Match



North Zone Girls Badminton Selection Trials at Jesus and Mary College, University of Delhi

### **Table Tennis (Women)**

The Table Tennis team of our college participated in the Delhi University Selection Trials organised by the Delhi University Sports Council in the multipurpose Hall Sports Complex on 21<sup>st</sup> December, 2022.

### **Kho-Kho (Women)**

The Kho-kho team of our college participated in the Delhi University North Zone Selection Trials organised by the Delhi University Sports Council at Daulat Ram College on 30<sup>th</sup> December, 2022. Our team carried a good experience and learnt sports strategies during the match.

### **Athletics (Men)**



Our athletics team participated in the selection trials for Delhi University athletics team organised by the Delhi University Sports Council at Delhi University Polo Ground on 10<sup>th</sup> December, 2022. Our athletes performed and participated in race competitions and long jump competitions in different categories. They gained an experience of how to manage time and strategy to secure position and also learnt sports ethics and spirit.



Participating in Men Athletics selection Trials for North Zone at Polo Ground





Participating in Men Athletics (800 mtr Race) selection Trials for North Zone at Polo Ground

### **Archery (Men)**

In the trials selections for University North Zone/ All India tournaments, our archer participated in the trials and secured the position and place in the university team to represent Delhi University in the event held in Bhatinda. The trials were held at Hansraj College on 16<sup>th</sup> December, 2022.





Selection Trials at Hansraj College, University of Delhi



Selection Trials at Hansraj College, University of Delhi

### **Air Rifle Shooting (Men)**

The selection trails for university team were held at Karni singh shooting range and our student was selected for all India shooting held at Shobhit University, Meerut from 19-23 February, 2023. Our student Arpit Kumar secured position and certificate while representing Delhi University

### **Swimming (Men)**

The swimming team of our college participated in the selection for the Delhi university team held at Shyama Prasad Mukherjee Swimming Pool Complex, Talkatora Garden on 13<sup>th</sup> December, 2022. Our student Mayank Tyagi displayed the skill performance and gained appraisal